

# Introduction to Injury Care

## Physical Therapy in Louisville and Jackson for Injury Care

Welcome to the GT Physical Therapy resource for injury care.



At GT Physical Therapy we look forward to helping you achieve optimal health and recover from injuries.

Click on the main menu links to explore information related to common work activities. For information on specific injuries, please click on our injuries and conditions category.

Our resources on this website are for informational purposes only. Do not diagnose, self treat, or attempt any exercises from the content on this site without contacting GT Physical Therapy, your physician or a qualified specialist first.

At GT Physical Therapy we offer Physical Therapy, dry needling, sports medicine, manual therapy, pain management, and spinal manipulation and look forward to working with you to enjoy maximum mobility and avoid injuries.

### Articles

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[R.I.C.E.](#)

[Inflammation](#)

[Cast Care](#)

[Postsurgical Infection](#)